

# NORTHVIEW HIGH SCHOOL VOLLEYBALL

CHAD J. RUTKOWSKI, M.ED., HEAD COACH



July 1, 2019

Let the countdown begin – only 31 days until tryouts for the 2019 Northview Volleyball season. If you click the calendar link below, you will see all events associated with Northview Volleyball. All of these events (open gyms, summer practices, weight liftings, tryouts, etc.) are for all parties involved with our program. The only caveat to this is Monday night Small Group Sessions that are reserved for our returning Varsity players. If you are currently playing club volleyball, best of luck this week at USA Volleyball Nationals in Indianapolis!

A few quick housekeeping items from the [June Edition of Chalk Talk](#):

- Please subscribe to the Northview Volleyball calendar online:
  - Computers and Mobile Devices: <webcal://p18-calendars.icloud.com/published/2/TFuYeTgJMLSBive41yp4-llrcXAKWDBLBM9r75Rngpt6uqcTf5jWkF0xIMxS8qouIzs9a4sQPebji30VzaY7-pP0tBzDUPtQdDQHoz697dI>
    - Please use this link and this link only to view the official calendar for Northview Volleyball.
- Ohio High School Pre-Participation Physical Examinations are due before your athletes can participate in volleyball
  - See the note below about where to get a physical

## SPIRIT WEAR FOR UPCOMING SEASON

Along with the E-mail containing this newsletter, we have, once again, included the 2019 Spirit Wear Order Form.

We will order only those orders for individuals that make the program after August 1, 2019 Tryouts. Orders will be placed first thing on the morning of August 2, 2019 and payment for these items will be due on August 2, 2019.

If you are a returning player to the Northview Volleyball program and are not going to order any new gear for 2019, please E-mail Coach Chad Rutkowski directly so you can be accounted for.

## OHSAA PRE-PARTICIPATION PHYSICAL EXAMS NEEDED

This year, once again, Dr. Mickey Frame, Frame Acupuncture and Chiropractic, will offer Physical Examinations for Northview Volleyball players for \$25.00 per athlete. As a kind supporter of Northview Volleyball, Dr. Frame donates all money collected for Physical's back to Northview Volleyball. To schedule a physical with Dr. Frame, please call (419) 475-9355. All exams will take place at 3829 Woodley Rd, Toledo, OH 43606. As a reminder, all athletes need an OHSAA Pre-Participation Physical Exam form filled out and returned prior to participation. **You will not be able to participate in my volleyball happenings until a physical has been turned in the coaching staff (this includes, but not limited to – open gyms, summer practices, conditioning, tryouts, leagues, etc.)** [Click here to access this year's Physical Form.](#)

## SUMMER VOLLEYBALL CAMPS FOR HIGH SCHOOL AND JUNIOR HIGH

Leading up to the season, we host an annual Summer Camp here at Northview for all athletes. This year's camp will take place July 29, 30, and 31, 2019 from 9:00 A.M. to 2:15 P.M. for high school students (9<sup>th</sup> – 12<sup>th</sup> graders based on their grade in the fall of 2019) and 2:15 P.M. to 4:15 P.M. for junior high students (7<sup>th</sup> – 8<sup>th</sup> graders based on their grade in the fall of 2019) and will consist of outside coaches who will prepare our athletes for the upcoming season with sound technique, competition and team building. We host this camp in addition to our ten (10) permitted coaching days that we are allotted throughout the summer. This camp will truly prepare us for a great start to the season. Click the banner below for the link to the website to register. This is highly encouraged for all athletes.

Camper Registration is still open and is encouraged for those who are participating in this year's program. Please register to attend as soon as you can.



## THURSDAY NIGHT SUMMER LEAGUE

Each Thursday night, throughout July, minus July 4, 2019, we will be playing in the Northview Summer League at Premier Academy, 1630 Market Place Drive, Maumee, Ohio 43537. Each athlete attending will be expected to be there no later than 5:30 P.M. each night, with the league concluding around 9:00 P.M. We will follow-up next week in practice with specifics for each player, but all players will be assigned to a team and will play throughout the evening. This is a great way to play in a match environment prior to our competition and scrimmage schedule.

## ASICS SUMMER SLAM – JULY 27<sup>TH</sup> AND 28<sup>TH</sup>

We will be participating with three (3) teams in this tournament. We will divide individuals on to the three teams based on their grade in the fall of 2019 – with some modifications. We will talk about this during practices leading up to this tournament. Additional information about this will be provided, but all teams will participate, and all athletes will participate. The tournament schedule is not yet posted, but we should have it one (1) week leading up to the tournament which we will send out as soon as it is available.

## FINAL FORMS

Northview High School Athletic Department works with FinalForms, an online forms and data management service. FinalForms allows you to complete and sign athletic participation forms for your students. The most exciting news is that FinalForms saves data from season-to-season and year-to-year, meaning that you will never need to enter the same information twice! FinalForms also pre-populates information wherever possible, for each of your students, saving you time.

- We are asking that ALL parents of athletes use FinalForms. Please register at -- <https://sylvania-oh.finalforms.com> -- now and electronically complete ALL forms!
- You will need to review your information once per school year to verify information is current and sign the forms.
- Athletes MUST have a valid, up-to-date physical on file in order to tryout and participate.

### GYM CLOSURE

Every July, the Athletic Department performs annual maintenance on the gym floors with resurfacing and touch-ups needed, and we are so thankful for their support to make sure that we have a great gym to play in. This year, this will maintenance will take place July 10<sup>th</sup> through July 17<sup>th</sup>. With this, we have had to move the scheduled practice for Wednesday, July 10<sup>th</sup> to Friday, July 26<sup>th</sup> from 4:00 P.M. to 6:30 P.M. with weight lifting afterwards – please note the change on the online calendar.

### FUNDRAISERS

Mark your calendars and help us promote our 2019 fundraisers! All fliers are on our website and social media!

- Sunday, August 4, 2019 | 4:00 P.M. to 8:00 P.M. | Chipotle, 4109 Talmadge Road, Toledo, Ohio 43623
- Sunday, August 11, 2019 | 3:00 P.M. to 6:00 P.M. | Charlie's Homemade Ice Cream and Edibles, 6600 W Sylvania Ave, Sylvania, OH 43560 (Freshman Team)
- Sunday, August 18, 2019 | 3:00 P.M. to 6:00 P.M. | Charlie's Homemade Ice Cream and Edibles, 6600 W Sylvania Ave, Sylvania, OH 43560 (Junior Varsity Team)
- Sunday, August 25, 2019 | 3:00 P.M. to 6:00 P.M. | Charlie's Homemade Ice Cream and Edibles, 6600 W Sylvania Ave, Sylvania, OH 43560 (Varsity Team)
- Wednesday, September 18, 2019 | 5:00 P.M. to 10:00 P.M. | Paddy Jack's, 6725 Central Ave, Toledo, OH 43617

### WEBSITE CONTENT

This off-season, we worked tremendously hard to digitize most of our information as well as create some new and exciting things for our program. Please visit our website ([www.northviewwildcats.org](http://www.northviewwildcats.org)) and click on [Team Files](#) to access computer and mobile device backgrounds, [daily checklist for athletes](#), [links for match schedules only that you can share with family members](#), and new information will be posted soon! We appreciate the support of going digital with most of our materials and hope that you will find them helpful and user friendly.

### MAXPREPS TEAMS APP

For Parents and Athletes to be in constant contact with the Coaching Staff, Northview Volleyball utilizes the Max Preps Teams App for communication. All parties (Parents and Athletes) need to download the "Teams by MaxPreps" app, set-up your profile, and use one of the following codes for MaxPreps Teams App for communication – **you will want to use the code for the team that you were on in the fall of 2018** – we will move around players and parents once rosters are finalized on August 1, 2019. Download the app "Teams by MaxPreps" and enter a team code:

- Varsity Players and Parents - "BARDE-JEDIS"
- Junior Varsity Players and Parents - "BARCA-HEADY"
- Freshman Player and Parents, along with Incoming Freshman Players and Parents - "BANTS-PREPS"

This is how we will communicate with our program, primarily through the athletes.

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#### Follow us on social media

Facebook | [Sylvania Northview High School Volleyball @NVHSVBALL](#)

Twitter | [@NVHSVBALL](#)

Instagram | [@NVHSVBALL](#)

Northview Athletic Website – [www.northviewwildcats.org](http://www.northviewwildcats.org) – All Northview Volleyball resources can be found online! It is highly encouraged that you utilize the website as much as possible.

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The August Edition of Chalk Talk will have information to welcome our families in our program for 2019, along with team announcements, parent's meeting date, volunteer sign-ups for match days and much more as we start this new season of Northview Volleyball.

If you have not registered for our high school camp, please do so as soon as possible. Have a fantastic Fourth of July!

Yours in Sport,



#### Chad J. Rutkowski, M.Ed.

Head Volleyball Coach

NLL Champions | 1997 | 1998 | 1999 | 2003 | 2006 | 2015

Ohio High School Volleyball Coaches Association Division I Coach of the Year | 2018

Sylvania Northview High School | 5403 Silica Drive | Sylvania, OH 43560

[www.sylvanianorthview.org](http://www.sylvanianorthview.org)

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